



UNDERSTANDING WHICH SERVICES YOU NEED

Home Health Care vs. Skilled Nursing Facility vs. Medrina360 Care at Home

✓ HOME HEALTH CARE

What It Is:

Home Health Care is clinical care provided to you in the comfort of your own home. It is intended for patients who are recovering from surgery, illness, or injury but do not need a hospital or skilled nursing facility stay.

Clinical Team:

- Nursing Care: A nurse may visit to check on your health, manage medications, change bandages, or care for wounds
- Physical Therapy: A therapist might come to help you regain strength and mobility

Health Monitoring:

Vital signs such as blood pressure and heart rate are regularly checked.

Frequency:

1 - 2 times per week for approximately 4-6 weeks on average.

Family Care Planning:

You and your family members are taught how to manage your health at home, including how to take medications, care for wounds, or use medical equipment.

Cost:

Eligible patients can enroll in this program at no additional cost; insurance verification is required before enrollment, and most major insurance plans are accepted.

✓ SKILLED NURSING FACILITY

What It Is:

A Skilled Nursing Facility is needed when more intensive medical care and support is required than what can be provided at home.

Clinical Team:

- Nursing Care: Nurses are available 24/7 to monitor your health, give medications, and provide treatments
- Rehabilitation Services: Physical, occupational, and speech therapy, as well as access to physicians, dietitians, and specialists

Health Monitoring:

Vital signs such as blood pressure and heart rate are regularly checked. You will have access to labs and x-rays as well if needed.

Frequency:

The average duration of stay is 1 week to 30 days.

Care Planning:

Includes meetings with social workers and other members of the care team to discuss discharge planning, needs, and expectations.

Cost:

Eligible patients can enroll in this program at no additional cost; insurance verification is required before enrollment, and most major insurance plans are accepted.





MEDRINA360 CARE AT HOME

What It Is:

Medrina360 is a bridge between Home Health and a Skilled Nursing Facility (SNF). It is intended for patients who do not require the intensive daily care of a SNF but need more clinical oversight than Home Health alone. It's designed for patients who need an advanced level of care but prefer to recover from the comfort of their home.

Clinical Team:

- Care Coordinator: Medrina360 dedicated care coordinator is designated to help coordinate your overall care and communicate with nurses, therapists, and physicians. Our dedicated care coordinator is available 24/7 to provide personalized support and ensure seamless coordination of care, offering prompt assistance whenever needed.
- Home Health: Home Health provider will still be assigned to you and Medrina360 will work in coordination with your Home Health provider
- Nursing Care: A nurse may visit to check on your health, manage medications, change bandages, or care for wounds
- Physical Therapy: A therapist might come to help you regain strength and mobility
- You will have access to physicians, dietitians, and specialists

Medrina360 Wound at Home:

18% rehospitalization rate vs 27% national average

*based on 60 days post discharge to home

Health Monitoring:

- Vital signs such as blood pressure and heart rate are regularly checked
- Access to labs and x-rays are provided as well if needed
- Specialist oversight such as Wound, Cardiologist, Pain Management, Post-Op/Ortho

Frequency:

Patients can stay in the program for as long as their chronic conditions require, ensuring they receive continuous supervision and support tailored to their needs.

Care Planning:

- Medrina360 care coordinator will develop a care plan to suit individual patient needs that may include assistance with transportation services, access to meals, and mental health resources if needed
- Your Medrina360 care coordinator works closely with your doctors and specialists to ensure you receive the right treatments at the right time

Cost:

Eligible patients can enroll in this program at no additional cost; insurance verification is required before enrollment, and most major insurance plans are accepted.



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